

2007-2008 Bob Lofton

8th Grade FOOTBALL CLASS SYLLABUS

Home Phone: 678-924-1877 **School E-Mail:** blofton@greateratlantachristian.org

Welcome to the Junior High Football. This class will be centered around the physical, emotional, mental, social, and spiritual aspects of our lives. Our ultimate goal here is to “help each student grow as Jesus did, in wisdom, stature, and in favor with God and man”. In this class, we will use football and strength and conditioning training to try to accomplish those goals.

Course Description

We will use our class as a time to do video work, board work, play installation, and walk throughs. When the JH football season concludes, the focus of this class will turn towards strength and conditioning.

General Requirements

1. All students are required by the GACS administration to wear the mandated physical education uniform, as well as athletic shoes. This uniform consists of the red GACS PE shorts and the white GACS PE t-shirt.
2. Each student is responsible for his own belongings. I highly recommend that each student put their name on all of their belongings using a permanent marker.
3. I ask that each student maintain a positive attitude. Please maintain control of your actions and words during class.

Grades

The grade for this course will be determined by the following. Students will receive a grade every day worth 8 points. This “daily grade” will be based on timeliness to class (2pts), proper dress (2pts), behavior/attitude (2pts), and participation (2pts). This grade will be recorded at the end of the week for a total of 32 points. Grading may change somewhat during the semester according to the class, time, and student needs.

Expectations

1. I expect each student to show respect to each other, the equipment, and facilities that we will use during the course.

2. I expect each student to be dressed and ready when the bell rings.
3. Various skills are required to be demonstrated with 100% proficiency. Each skill will be taught and practiced in class. Then each student will be required to demonstrate the skill.

Absences

I will observe the school policy on make up work for absences. Test will be made up on scheduled days.

Tardy

You will be counted tardy if you are not in the room when the bell has finished ringing. I will observe the school policy on being tardy.

I hope this will be an enjoyable time. I believe that participation in sports can open up new horizons for us that cannot be achieved or experienced elsewhere. Also, I believe that we can greatly improve spiritually, mentally, physically, and socially through 100% participation in this class.

Honor Code:

If God reigns in our lives, we will honor Him in our relationships with others. The GACS Honor Code represents the goal of relationships in my class as well as the school. I expect all students to abide by the Honor Code as stated below. Consequences of breaking the code are found in the Parent-Student Handbook.

In order to maintain honor in our relationships, we all agree to do what is right, to speak the truth, and to strive for integrity in all that we do. Therefore, we will not be involved in lying, cheating, or stealing. If we do vary from this path of honor, we will accept the correction from others and the established consequences of this school. Honor is a goal that we seek to attain.